

## CURRICULAM VITAE

**Zita Francis**

**C/o P.P.Antony,Palikathyil House, Maruthorvattom p o,**

**Cherthala , Alleppey District,Pincode 688545.**

**Mobile No: 9847230225/9497676176/9497676173**

[zitafrancis1980@gmail.com](mailto:zitafrancis1980@gmail.com)

**Objective:** Exposed to a constant barrage of methodologies that promise to improve both instructional strategies and student learning through institute days, team meetings, seminars and the media. While some of this information is helpful, some of the suggestions have little or no empirical data to support their effectiveness.

### Educational Qualification:

S.no	Course	Name of Institution	Year of passing	Percentage
1	SET Psychology	LBS Centre of Science & techn	2022	58%
2	Msc Psychology	Madras University	2009	59%
3	Msc Bio Informatics	St Joseph's college, IT Mallappally,Sikkim Manipal university	2004	81%
4	Msc Counselling & Family therapy	IGNOU	2015	69%
5	B.Ed	Kerala University teacher Education centre , Aryad Alappuzha	2001	59%
6	Bsc Zoology	St .Michael's college Cherthala, Kerala university	2000	81%
7	Pre - Degree	St.Joseph's College, Alappuzha, Kerala University	1997	59%
8	I.C.S.E	St.Joseph's Public school Pattanakad, Cherthala	1995	61%
9	MA Education	IGNOU	2020	59%
10	MA Philosophy	IGNOU	2023	74%

**Languages Known**

Read – English- Malayalam, Hindi.

Write- English- Malayalam, Hindi.

Speak- English- Malayalam, Hindi.

**Employment Details**

<b>Organization</b>	<b>Designation</b>	<b>Period</b>
SDV English Medium school HR secondary school , Alappuzha Kerala	Psychology Teacher( Teaching higher secondary students)	June 2017 till March 2018
SNGM Arts & Science college, Valamangalam PO, Thuravoor , Cherthala.	Lecturer	Sep 2010 till June 2016
Sahrudaya Hospital, Thathampally, Alleppey.	Psychologist & Family therapist	May 2011 till Dec 2015
St Michael’s College, Cherthala, Alleppey	Asst Professor	Feb 2019till date

**QUALIFICATION HIGHLIGHTS**

- ✓ Cognition and learning: How do students think and learn.
- ✓ Easily learn and assimilate information, then apply it to everyday use.
- ✓ Dynamic, goal-oriented, self-starter, able to accomplish tasks and finish projects on time and within scope.
- ✓ Access services to augment service to best meet the current needs of both provider and client/ Student.
- ✓ Enhance the group experience, and improve service provision and understanding.
- ✓ Advise clients/students on how they could be helped by counseling.
- ✓ Analyze data such as interview notes, test results, and reference manuals in order to identify symptoms,

and to diagnose the nature of clients/students problems.

- ✓ Collect information about individuals or clients/students, using interviews, case histories, observational techniques, and other assessment methods.
- ✓ Counsel individuals, groups, or families to help them understand problems, define goals, and develop realistic action plans.
- ✓ Develop treatment plans based on clients' interests, abilities and needs, resources or techniques, and to share occupational information.
- ✓ Refer clients / students to specialists or to other institutions for non-counseling treatment of problems.
- ✓ Conduct research to develop or improve diagnostic or therapeutic counseling techniques.

### **Personal Details**

Date of Birth : 26-04-1980.

Age                      42

Marital Status : Married

Gender                : Female.

Nationality : Indian.

**(ZITA FRANCIS)**

